

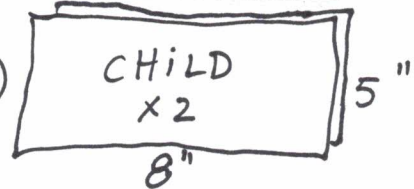
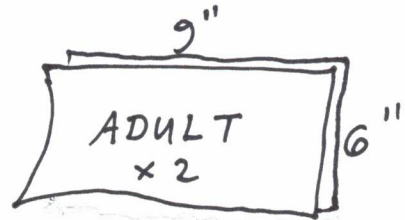
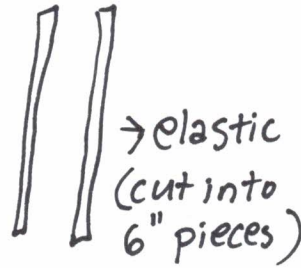
Forest Charter

• Sewing •

How to Make a Mask

materials:

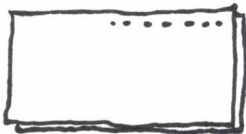
- needle
- thread
- pins
- 15" of $\frac{1}{4}$ " flat elastic
- fabric: 2 $\rightarrow$ 6" x 9" rectangles of cotton (adult) $\rightarrow$ flannel is nice for inside
- 2 sheets $\rightarrow$ child = 5" x 8" rectangles



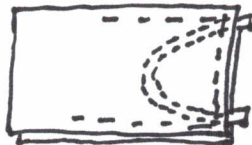
steps: (read all steps before beginning!)

1) Place fabric rectangles together with wrong sides out and right sides in.

2) Sew $\frac{1}{4}$ " around edge $\rightarrow$ stop at corner to add elastic. Cut 6in. elastic and place inside as shown. Pin and sew over around edge. Stop at 3rd corner.



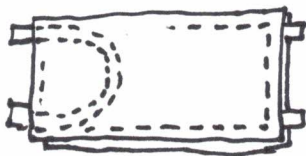
1.



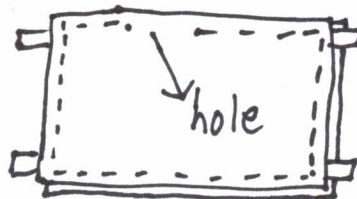
2.

as shown. Pin and sew over around edge. Stop at 3rd corner.

3) Add elastic inside at last 2 corners:



3.



4.

sew around edge but leave a hole at top!

4) Turn right side out at hole:



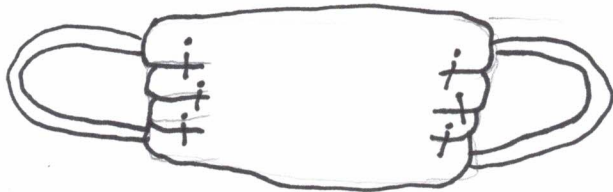
your elastic will now stick out.

Forest Charter • sewing •

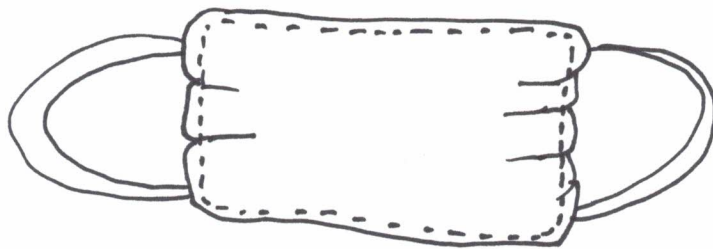
How TO MAKE a MASK (continued)

5) Pin 3 Tucks on sides of mask.

* MAKE sure tucks go the same way on each side. This is the hardest step!



6) Sew around edges $\frac{1}{4}$ " away from edge. This will hold the tucks in place.



7) Your mask is ready!

NOTES:

* you may need less than 6" of elastic for the ears.

* If you are using a sewing machine be sure to back stitch over the tucks to reinforce.

* If you are sewing by hand use sturdy thread and double up.